

Isanti County Beyond the Yellow Ribbon Task Force
Cambridge Armed Forces Reserve & Community Center

Meeting Minutes September 15, 2022

Member Attendance:


x	Jim R		Scott F		Andrea D (DEED)		Curtis A
	Susan M		Lois F		Adam F		Heidi B
x	Gail G	x	John W		Jeremy M		Terry L
x	Kathy R		Richard N		Curt H		Cathy B
x	Carol Ann S	x	Mary F		Stacey B		Chris C
	Dave O	x	Bob F		Doug M		
x	Brad B		Randy H		Nanci M		
x	Jesse P		Walt M		Erin Y (CVSO office)		
			Pam M		Robin, Sgt Bryan		
x	Jim J	x	Sean W		Brian W		
x	Bruce D		Jessica H		Peggy W	x	Guest: Matt P
	Adam V – S&FRS		Chuck P		Stefanie H (YYROC)	x	Guest: Thomas Z
x	Jamie H (CVSO)	x	Sherry P		Dan M	x	Guest: Terri A


Agenda Item	Discussion	Motions/Action Taken
Call to Order		Meeting was Called to Order by Chair Jim R at 1902
Pledge of Allegiance		Meeting opened with the Pledge of Allegiance
Introductions	Introductions were made as we had 4 new people joining us.	Welcome!!
Presentation	<p>Russ Hanes founder of the Invisible Wounds Project gave an excellent presentation about this organization that provides therapy and other resources to MN military, first responders, front line medical staff, Dept of Corrections staff, dispatch and their families relating to mental health, PTSD & suicide issues.</p> <p>They have 20 approved therapy programs statewide. They partner with other organizations.</p> <p>They also hold retreats, and just completed a women’s retreat and one for the survivors of the Buffalo Clinic.</p> <p>They have a K-9 program</p> <p>All services are 100% free of charge!</p> <p>There are 96 new intakes so far this year.</p> <p>Invisible Wounds Project will have a fundraiser September 24th at Running Aces in Forest Lake, view their website for more information. The average cost of one session is \$200. There have been 1,000 individual sessions so far in 2022.</p>	<p>Information Accepted.</p> <p>Thank you Russ!</p>

	russ@iwproject.org Website: IM Project.org	
Secretary Report	Minutes of the August meeting were distributed by mail and email.	Motion: A motion was made by (Gail G) seconded by (Brad B) to approve the minutes. Minutes approved.
Treasurer Report	Income and expenses were reviewed for August: <ul style="list-style-type: none"> • Income includes: donation from private donors and income from the golf tournament • Expenditures included: phone bill, liability insurance & Board/officer insurance, printing of annual report, direct support for veterans (food & fuel gift cards for CVSO = \$1250) 	Report accepted and set aside for audit (Jim J / Brad B) Our gratitude to our donors
Chair's Report Jim R	<ul style="list-style-type: none"> - <u>CVSO Announcements, Updates, and Requests for Veterans:</u> Erin/Jamie <ul style="list-style-type: none"> ○ Veteran with request for assistance with multiple bills. Total is over \$4,900. After review Board recommends paying one month mortgage, centerpoint energy and east central energy bills for \$2,659.06. Veteran to be referred to Support Our Troops, Lakes & Pines, MAC-V and Military Family Foundation Fund ○ Jamie stated he attended the MN CVSO conference this past week - <u>S&FS Updates and Requests for Soldiers:</u> - None at this time - <u>September Board of Directors meetings –</u> Please refer to meeting summary sent by email - <u>Follow-up:</u> - Meeting with 850th ECC Command and Family Picnic on September 11 went extremely well. Lots of questions at the ICBYR Resource Table - Triad – Stacey Brown (CVSO) and Carol Ann Smith (ICBYR) presented on Resources for Veterans in Isanti County. Went very well. Lots of good questions. Jamie High attended and introduced himself. Jamie stated they received 8 referrals from the meeting. - MN State Fair Military Appreciation Day Parade – Fun!! Viewed pictures - <u>MN Secretary of State Filing</u> Annual filing completed for 2022 	Information accepted See New Business for vote Information accepted Information accepted

		Information accepted
Committee Reports:	<p>Website/Social Media Committee: Website Report: Scott F -</p> <ul style="list-style-type: none"> No report – Chair absent <p>FaceBook Report: Susan M</p> <ul style="list-style-type: none"> No report – Chair absent – at national meeting for work <p>Resource/Brochure Committee Report: Gail G</p> <ul style="list-style-type: none"> Ordered more decals <p>Billboard Committee: Brad B</p> <ul style="list-style-type: none"> New sign put up at the Isanti – Kanabec county line on Hwy 47 <p>Community Service Resource Coordinator: Carol Ann S.</p> <ul style="list-style-type: none"> North 65 Chamber of Commerce August meeting on branding your business <p>BYR Friends Coordinator: Susan M</p> <ul style="list-style-type: none"> No report – Chair absent <p>Packages for the Deployed Community Liaison: (position open)</p> <p>Congregational Committee: (position open)</p> <p>School Liaison: Bruce D</p> <ul style="list-style-type: none"> Over 100 attended the new teachers luncheon August 26th. School starting soon <p>Law Enforcement Liaison: Jesse</p> <ul style="list-style-type: none"> Jesse has met with all agencies in the county <p>Scholarship Committee: Bruce D</p> <ul style="list-style-type: none"> First meeting for 2023 planning will be in November <p>Fundraising: Gail G</p> <ul style="list-style-type: none"> Golf Tournament – September 16 – tomorrow!! Everything in place. 20 teams signed up. Silent auction items collected. 	<p>Information accepted</p> <p>Information accepted</p> <p>Information accepted</p> <p>Information accepted</p> <p>Information accepted</p> <p>Information accepted</p> <p>Information accepted</p> <p>Information accepted</p>
YROC Report	<ul style="list-style-type: none"> Stefanie not present but sent information on Meals from the Heart which will be starting up again soon and MN Combat Zone tax credit – see CVSO or S&FRS for information 	Information accepted
Upcoming Events	<ul style="list-style-type: none"> ICBYR Golf Tournament – September 16 ICBYR Presentation to the Isanti City Council – September 20 ICBYR Presentation to the Braham City Council – October 4 	Information accepted

	<ul style="list-style-type: none"> 850th ECC Luncheon– October 22 	
Old Business	<ul style="list-style-type: none"> None 	
New Business:	<p>Veteran needs assistance with multiple bills. Recommend paying one month mortgage, centerpoint energy and east central energy bills for \$2,659.06.</p>	<p>Motion: A motion was made by (Jim J) seconded by (Mary F) to approve the minutes. Motion approved.</p>
Open Agenda	<ul style="list-style-type: none"> <u>Star Spangled Baby Shower hosted by Operation Homefront:</u> <u>September 28th</u> 25 new/expectant military/veterans Moms/spouses Registration Required Radius of 100 miles from St. Louis Park Light dinner, panel of speakers and a gift bag worth \$100 of baby and Mom items 	<p>Information accepted</p>
Open Agenda	<ul style="list-style-type: none"> <u>OneOp at U of MN</u> Single point of entry professional development resource for family service professionals who work with military families Family Transitions newsletter Webinars about deployment 	<p>Information accepted</p>
Open Agenda	<ul style="list-style-type: none"> <u>Child & Youth Services of the MN National Guard</u> Pheasant Hunt <ul style="list-style-type: none"> – Co-sponsored with Hugo BYR & Pheasants Forever – Youth 12-18 – Wild Wings Game Farm – Hugo MN – https://mnarngfamilyprograms.wufoo.com/mn-military-youth-pheasant-hunt-2022 	<p>Information accepted</p>
Open Agenda	<ul style="list-style-type: none"> <u>PICK’M UP Suicide Prevention Coalition</u> Documentary “Angst: Raising Awareness Around Anxiety” will be shown on September 29, 2022, at Grand Cinema Hinckley beginning at 6:00 p.m. Focuses on suicide prevention and anxiety. 	<p>Information accepted</p>


	<ul style="list-style-type: none"> • Hosted by the Pine, Isanti, Chisago, Kanabec, and Mille Lacs Suicide Prevention Coalition (aka PICK’M-Up Suicide Prevention Coalition). • Jesse will be on panel after movie as law enforcement representative • September is Suicide Prevention Month • Movie to be shown in Cambridge this autumn. Looking for funds to pay for venue. Discussion on whether ICBYR should sponsor event. 	
<p>Open Agenda</p> <p><u>MN Veteran Suicide Prevention & Awareness Day</u></p> <p>October 1 - 10:00 am</p> <p>Veterans Campground on Big Marine Lake</p>	 <p>Minnesota Veteran Suicide Prevention & Awareness Day</p> <p>We can all make a difference!</p> <p>Join fellow Veterans, their families and their supporters as we come together to continue efforts to prevent Veteran suicide in Minnesota.</p> <p>Event Date Saturday, October 1, 2022 Program 10:00 - 11:00 a.m. Coffee, donuts and resources available starting at 9:00 a.m.</p> <p>Event Location Veterans Campground on Big Marine Lake* 11300 180th Street North Marine on St. Croix, MN 55047</p> <p>Program Speakers</p> <ul style="list-style-type: none"> • MDVA Commissioner Larry Herke • Minnesota State Representative Bob Dettmer • Suicide Prevention Consultant Brittany Miskowiec <p><small>*Camp for the weekend. Learn more at VetsCampMN.org. The event is hosted by the Minnesota Department of Veterans Affairs, Minneapolis VA Health Care System, MHealth Fairview, Regions Hospital and Veterans Campground on Big Marine Lake.</small></p> <p>For more information, visit MinnesotaVeteran.org/Events or email SuicidePrevention.MDVA@state.mn.us</p>	<p>Information accepted</p>
<p>Open Agenda</p>	<ul style="list-style-type: none"> • Veterans Memorial Park • Dedication of five final walls – October 8 – 1500 • Please note the date change!!! More time was needed for engraving • Program will be brief • Bring a lawn chair. There will be some bleachers available. • Food trucks from Cambridge Bar & Grill and Annie’s Ice Cream • Jim, Gail & Kathy related a story from one of the veteran’s family members who lives out of state. She has authored a book called “Anyway” by Sheryl Olson. 	<p>Information accepted</p>
<p>Open Agenda</p>	<ul style="list-style-type: none"> • Field of Bands • Fundraiser for Yellow Ribbon Alliance Lower St. Croix Valley 	

	<ul style="list-style-type: none"> September 17th from noon to 8:00 pm Washington County Fairgrounds - Stillwater Four bands, beer garden, food trucks 	Information accepted
Open Agenda	<ul style="list-style-type: none"> MN Medal of Honor Memorial Dedication September 22 Capitol Mall St. Paul Medal of Honor - Dinner Cruise Semi-private meet and greet dinner cruise on the evening of September 22, 2022 	Information accepted
Open Agenda	<ul style="list-style-type: none"> <u>MN Medal of Honor Memorial Dedication</u> September 22 Capitol Mall St. Paul <u>Medal of Honor - Dinner Cruise</u> Semi-private meet and greet dinner cruise on the evening of September 22, 2022 <p>Contact Secretary to sign up or see your email</p>	Information accepted
Open Agenda	<ul style="list-style-type: none"> <u>Pine City Blue Star Moms</u> Craft/garage sale fundraiser this Saturday and Sunday in Braham at 400 Circle Drive 	
Open Agenda	<ul style="list-style-type: none"> <u>New Nationwide Suicide Hotline Number</u> Dial : 988 Veterans then press 1  <p>The image shows the Veterans Crisis Line logo on the left, which includes a blue star in a speech bubble, a grid of red dots, and the text 'Veterans Crisis Line' and 'DIAL 988 then PRESS 1'. To the right is a blue banner with white text that reads 'New number, same support.' Below the banner is a white speech bubble containing the text 'Dial 988 then Press 1.'</p>	Information accepted
Adjournment		Motion: A motion was made to adjourn meeting. Motion approved & meeting

Submitted by: Carol Ann Smith, ICBYR Secretary

Next Meeting: October 20, 2022 – 7:00 pm – AFRCC

<p>BTYR Coffee Talk</p> <p>ON HOLD</p>	<p><u>BTYR Coffee Talk:</u> CLICK HERE to join or via: Zoom Meeting ID: 863 3769 5200 Passcode / Password: 947 159</p>
<p>Military History</p>	<ul style="list-style-type: none"> • September 1, 1939 - At 5.30 a.m., Hitler's armies invaded Poland starting World War II in Europe. • September 2, 1945 - President Harry Truman declared V-J Day (Victory over Japan Day) commemorating the formal Japanese surrender to the Allies aboard the USS <i>Missouri</i> in Tokyo Bay. • September 18, 1947 - The U.S. Air Force was established as a separate military service. • September 29, 1789 - Congress created the United States Army, consisting of 1,000 enlisted men and officers.
<p>Viewable Link for ICBYR Goggle Sign Map:</p>	<p>https://www.google.com/maps/d/viewer?mid=19P7VjNkq81qUQQF281XcPCLhvf91gk1O&ll=45.58600856114631%2C-93.29518274999998&z=11</p>
<p>Link to the Military Action Group:</p>	<p>https://www.revisor.mn.gov/bills/status_result.php?body=House&search=committee&session=0902017&committee_id=90022&submit_committee=GO</p>
<p>We Care Minnesota App for Cell Phones</p>	<p>A FREE App to help prevent suicide is available from Apple AppStore or Google Play. The mobile app, We Care Minnesota, provides hotline numbers, website links and other useful resources such as; Chaplains, SHARP, Suicide Prevention, Psychological Health Coordinators and Equal Opportunity (EO). Soldiers, Families and civilians can access hotlines without having to dial, and visit websites at the push of a button.</p>
<p>Veterans Crisis Line and Nationwide Suicide Hotline</p>	<ul style="list-style-type: none"> • <u>New Nationwide Suicide Hotline Number</u> 988 Veterans then press 1

	
Meeting PowerPoint	Please email the Secretary if you wish a copy of this meeting's PowerPoint
ICBYR Website	www.beyondtheyellowribbonisanti.org
ICBYR gmail address	isanticountybyr@gmail.com
ICBYR Duty Phone	763-691-4573